

### Adult Services Respite Allocation Framework

Planned respite is provided if it is determined from an individuals' and carer's assessment that they have eligible care and support needs that can only be met by the provision of planned respite. By meeting needs with planned respite provision this contributes to prevent the breakdown of the family situation by enabling carers to have regular breaks from their caring role.

#### **Principles for Allocation**

- 1. This framework is to help identify the level of respite needed but should not replace professional judgment.
- 2. The number of overnight stays offered should, whenever possible, correspond with the needs of the service user and/or their carer.
- 3. The level of disability, illness or frailty of the service user is not necessarily an indicator of the number of overnight stays required. Other factors may have more significance, e.g. health of carer, or be less noticeable, e.g. sleeping patterns.
- 4. The allocation of overnight stays must be equitable, i.e. people with similar needs should receive a similar level of service.

#### Please complete all sections to ensure an appropriate decision can be made.

Name:	Client ID Number:
Address:	DOB:
Carer details:	

#### Does the service user receive any other provision?

Please specify number of days / hours per week:

0-3.5 hours =  $\frac{1}{2}$  day; More than 3.5 hours = 1 day

Day services	Number of Days
Sitting / support	Number of Hours
Direct Payments (non-personal care)	Number of Hours

Weekly equivalent	Score
0 days	3
1-2 days	2
3-4 days	1
5+ days	0

### What level of physical care do you provide to meet the service user's personal care and daily living needs?

Level	Criteria	Score
Very High	Service user is completely dependent in all areas of personal care and daily living and needs moving and handling	3
High	Service user is dependent in many areas of personal care and daily living tasks, but can complete some with support or supervision	2
Medium	Service user is independent in most areas with verbal prompts and support	1
Low	Service user is independent in all areas with minimal support	0
Comments	5:	

# Does the service user have any complex medical needs that require medical intervention or supervision?

Level	Criteria	Score
Very Complex	Any medical condition that requires specialist medical intervention	3
Complex	Any medical condition that requires specialist medical training to manage the condition	2
Low	Some level of medical supervision is required	1
None	No health issues, but may need prompts/support with medication	0
Comments:		

Does the service user display any behaviour that you find difficult to manage or that is very disruptive to you or your family? Yes / No

#### Do you receive any support to manage these behaviours?

Level	Criteria	Score
High	Behaviours that pose a predictable risk to self or others. The risk assessment indicates that planned interventions are effective in minimising but not always eliminating risks. Compliance is variable but usually responsive to planned interventions.	
Medium	Behaviours that follow a predictable pattern. The risk assessment indicates a pattern of behaviour that can be	

	managed that does not pose a risk to self or others. The person is nearly always compliant with care.	
Low	Some incidents of challenging behaviour. The person is compliant with the care they receive	1
None	No evidence of unpredictable behaviours.	0
Comments:		

#### Carer's Details

#### How many people care for the service user in the household?

Lone Carer	2
Two Carers	1
Other (please specify)	0

### Do you care for anyone else in the household who has a disability or serious illness?

Yes	1
No	0

## Do you have any health related problems that impact on your ability to carry out your caring role?

Yes	1
No	0

Scoring Allocation	Maximum Score is 16
Low: up to 5 points =	
Medium: 6 - 10 points =	
High: 11 – 16 points =	

#### **Exceptional Circumstances**

This should include additional information and any frequent complex night time support needs.

# Do you care for anyone else in the household who has a disability or serious illness?

Level	Criteria	Score	
Low	Low level of care/supervision to another person.	1	
Medium	Carer provides care to another person(s). Other person requires moderate level of care.	2	

High	Carer provides high level of support to another person(s). This will include the other person having complex medical health conditions that require a high level of intervention.	3				
Comments:						

# Do you have any health related problems that impact on your ability to carry out your caring role?

Level	Criteria	Score
Low	Carer has low level health conditions that have low impact on their caring role.	1
Medium	Carer has more complex health related conditions that will	2
	have some impact on their caring role.	
High	Carer has a high level of health conditions that will have great impact on their caring role.	3
Commer	nts:	

### Night time support needs

	Criteria	Score	
	Cared for has low level night time support needs that require little intervention.	1	
	Cared for has moderate night time support needs that require some intervention or support.	2	
•	Cared for has complex night time support needs that require regular intervention during the night.	3	
Comments:			

### From the exceptional circumstances:

Scoring Allocation	Maximum Score is 9
Low: score 1-3 points =	
Medium score: 4-6 points =	
High score: 7-9 points =	